MetLife Growth and Guaranteed Income[™] Power of Attorney Form

Use this form to establish an individual as "Authorized Agent" with Power of Attorney on your Annuity Contract. If you have questions when filling out this form, please call the Annuity Service Center at 800-634-9361 Monday through Friday, 8 am to 8 pm Eastern Time. Faxes are not accepted.

1 CONTRACT OWNER INFOR	RMATION
Contract Number	Phone Number
Owner's First Name	Owner's Last Name
Joint Owner's First Name	Joint Owner's Last Name
The undersigned owner, contract number	wers of Authorized Agent
 the right to cancel or exchange the the right to choose one or more in the right to collaterally assign the the right to change the beneficiary 	
3 EFFECT OF THIS POWER	

The Company is authorized to follow the instructions of the Authorized Agent to perform the functions as described in Section 2. The Company shall assume no responsibility for reviewing or monitoring any investment decision or activity of the Authorized Agent. The undersigned agrees to indemnify and hold the Company harmless from, and pay the Company promptly upon demand for, any and all losses or financial obligations which may arise from the acts or omissions of the Authorized Agent with respect to the Contract.

4 DURATION OF AUTHORIZATION AND APPLICABLE LAW

This authorization is a continuing and durable one. It shall remain in full force and effect until the Company is notified of the undersigned's death, regardless of any disabilities or incapacities which may be incurred, unless revoked through written notice delivered to the office of the Company. Such revocation, however, shall not affect any prior liability resulting from any transactions initiated before the receipt of the revocation by the Company.

This form cannot be used for trust and custodial registration.

Please continue

¹The Company refers to MetLife Investors USA Insurance Company, or in New York, Metropolitan Life Insurance Company.

E a			
5 OWNERS	SIGNATURES		
X		X	
SIGNATURE OF OWNER	R DATE	SIGNATURE OF JOINT OWNER (IF APP	LICABLE) DATE
NOTARY STAMP		NOTARY STAMP	
State of to before me by the identification, that the	, in the County of _ above-named Owner who is personally known to me o he foregoing statements were true and accurate and made	r who has produced (type of identificate of his/her own free act and deed, where the contract of the contract	subscribed and sworn cation) as on / /
X		<u> </u>	
NOTARY PUBLIC SIGNA	ATURE		DATE
SEAL			
	My	Commission Expires: / /	·
6 AUTHORIZ	ZED AGENT ACKNOWLEDGMENT AND SIGI	NATURE	
Authorized Agent's Name	2		Social Security Number
411			
Address			Date of Birth
City:		State: Zip:	Phone Number
X			
SIGNATURE OF AUTHO	DRIZED AGENT		DATE
	Please mail this form to:	Or in New York:	
	Annuity Service Center P.O. Box 770001 Cincinnati, OH 45277-0050	Annuity Service Cen P.O. Box 770001 Cincinnati, OH 4527	

This annuity is issued by MetLife Investors USA Insurance Company (MLI USA) and, in New York, by Metropolitan Life Insurance Company, (each, a "MetLife company"). MLI USA is an affiliate of MetLife. The contract's financial guarantees are solely the responsibility of the issuing insurance company. **Fidelity Brokerage Services, Member NYSE, SIPC,** and Fidelity Insurance Agency, Inc., are the distributors; they are not affiliated with any MetLife company.

